WEEK 3

WEEK STARTING: 
May 1
May 22
June 19
July 10
September 4
September 25
October 16

YOUR SCHOOL MENU
CLASSICS
APRIL – OCTOBER 2023

MONDAY

CHOOSE FROM
① Five bean chilli with a blend of brown and white rice
② Chicken meatball sub with BBQ sauce and diced potatoes

ON THE SIDE
① Vegetable of the day or salad

TO FINISH
① Ice-cream or yogurt with fruit salad

TUESDAY

CHOOSE FROM
① Tomato pasta
② Chicken Katsu curry with a blend of brown and white rice

ON THE SIDE
① Vegetable of the day or salad

TO FINISH
① Freshly baked oat and sultana cookie

WEDNESDAY

CHOOSE FROM
① Margherita pizza
② Fishcake

ON THE SIDE
① Crinkle cut wedges and vegetable of the day or salad

TO FINISH
① Orange jelly topped with chocolate whip

THURSDAY

CHOOSE FROM
① Vegetable wellington
② Roast chicken with Yorkshire pudding

ON THE SIDE
① Roast potatoes, vegetable of the day and gravy

TO FINISH
① Victoria sponge

FRIDAY

CHOOSE FROM
① Macaroni cheese with Somerset cheddar
② Fish fingers and chips

ON THE SIDE
① Vegetable of the day or salad and chips

TO FINISH
① Chocolate brownie

DOWNLOAD OUR CALENDAR AND PICTURE MENU RESOURCES HERE
www.hants.gov.uk/hc3s

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

My son and the children I child mind for have nothing but amazing things to say about the food. Whenever I have tasted it at parent evenings, I’m always a little jealous they get to eat it every day!
– Facebook Parent 2022
**WEEK 1**

**WEEK STARTING:**
April 17
May 8
June 5
June 26
July 17
September 11
October 2

**MONDAY**

**CHOOSE FROM**
- Nacho bean bites with diced potatoes
- Pork sausages with mashed potato and gravy

**ON THE SIDE**
Vegetable of the day or salad

**TO FINISH**
Ice-cream or yoghurt with fruit salad

**TUESDAY**

**CHOOSE FROM**
- Sweet potato and lentil curry with a blend of brown and white rice
- Cheeseburger with crinkle cut wedges

**ON THE SIDE**
Vegetable of the day or salad

**TO FINISH**
Freshly baked shortbread biscuit

**WEDNESDAY**

**CHOOSE FROM**
- Margherita pizza with diced potatoes
- Ham carbonara with penne pasta

**ON THE SIDE**
Vegetable of the day or salad

**TO FINISH**
Trifle

**THURSDAY**

**CHOOSE FROM**
- Quorn chicken pieces in a Yorkshire pudding
- Sliced beef with Yorkshire pudding

**ON THE SIDE**
Roast potatoes, vegetable of the day and gravy

**TO FINISH**
Chocolate pudding

**FRIDAY**

**CHOOSE FROM**
- Summer vegetable quiche
- Baked fish fingers

**ON THE SIDE**
Chips and vegetable of the day or salad

**TO FINISH**
Banana flapjack

**V** Vegetarian  **Vg** Vegan

**WEEK 2**

**WEEK STARTING:**
April 24
May 15
June 12
July 3
August 28
September 18
October 9

**MONDAY**

**CHOOSE FROM**
- Roasted vegetable lasagne
- Pork sausage roll with diced potatoes

**ON THE SIDE**
Vegetable of the day or salad

**TO FINISH**
Ice-cream or yoghurt with fruit salad

**TUESDAY**

**CHOOSE FROM**
- Vegetable and bean burrito
- Chicken nuggets with crinkle cut wedges

**ON THE SIDE**
Vegetable of the day or salad

**TO FINISH**
Freshly baked chocolate cookie

**WEDNESDAY**

**CHOOSE FROM**
- Somerset cheddar cheese and tomato quesadilla
- Baked battered fish

**ON THE SIDE**
Vegetable of the day or salad and chips

**TO FINISH**
Love cake

**THURSDAY**

**CHOOSE FROM**
- Quorn and leek pastry crown
- Sliced pork with Yorkshire pudding

**ON THE SIDE**
Roast potatoes, vegetable of the day and gravy

**TO FINISH**
Lemon drizzle sponge

**FRIDAY**

**CHOOSE FROM**
- Summer vegetable quiche
- Baked fish fingers

**ON THE SIDE**
Diced potatoes and vegetable of the day or salad

**TO FINISH**
Orange and strawberry jelly

**V** Vegetarian  **Vg** Vegan

*Langford's Welsh Sausage Co Ltd gold award winning pork and herb sausage – BPEX Foodservice Pork Sausage of the Year 2013*